# ara tus me lel día a día

"The most practical cooking magazine"

# SOCIAL CLASS 15% 55% 30% From 18 to 33 From 34 to 55 From 55+ READER PROFILE 70% 30% Women Men Source: Publisher's own data

# **MEDIA INFORMATION 2017**

## **ECOCINA**

COVER PRICE FREQUENCY ON SALE DATE

MAGAZINE SIZE PRINTING METHOD 1,90 €

Monthly

Normally the 21st of each month (subject to change)

225 x 300 mm Offset (colour)

### **CIRCULATION**

24,000 copies every month

### **READERSHIP**

142,000\*

Source: EGM 3ª wave 2016





### **OUR READERS**

35 to 60 years women, middle and middle-high class, interested in healthy home cooking with which take care of their and their families diet. An active woman who looks for ideas to fit her working life with her current needs: saving, cooking in little time and without complications.

### **EDITORIAL CONTENT**

A different magazine, much more than a simple "recipe book", seeing cooking as a whole: eating well and healthy. Adapted to a current market which demands fast and easy solutions, and concerned about family budget. It also presents multiple kinds of options to support advertisers.



DISPLAY ADVERTISING	Dimensions mm	€
Inside page	(230 x 300)	8,065
Outside back cover	(230 x 300)	11,285
Inside front cover	(230 x 300)	9,145
Inside back cover	(230 x 300)	8,460
Double page spread	(460 x 300)	14,735
1/2 Page	(230 x 150)	4,110





Commercial Director: Sergio Herráez sherraez@grupov.es

Advertising director: Patrica Martínez pmartinez@grupov.es

**AGENCY COMMISSION: 10%** 

### **GUARANTEED PREMIUM POSITIONS**

+20% surcharge

**AD BOOKING DEADLINE:** e.g. 10th of previous month to publication

**CANCELLATIONS:** minimum of at least 30 days advance notice, in writing, prior to publication date.

### **GRUPO V OFFICES:**

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TAX NOT INCLUDED